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## Study of prevalence reduction program implementation for malnutrition in Pekalongan district: A network, prevention and control efforts

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### Abstract

**Background** Pekalongan Regency is ranked 4th in the Regency with nutritional problems that have not been handled optimally, there are still many children under five who are underweight, so they have the potential to experience nutritional status problems. In 2018, there were 475 toddlers with malnutrition, 48 poor children under five and 91 children under five. While newborns with LBW category reach 746 toddlers (Dinas Kesehatan, 2019). Whereas for Stunting prevalence reached 28.30% at the age of under five years old (<https://www.suaramerdeka.com/smcetak/baca/120348/prevelansistunting-2830-percent>). Various efforts have been made by the Government of Pekalongan Regency to reduce it, so that this effort requires research support to improve better performance indicators. **Purpose** to find out the Program Implementation for Reducing the Prevalence of Malnutrition Children in Pekalongan Regency. **Methods** using a qualitative approach with an explanatory design approach with 4 Nutrition Program informant holders at the Puskesmas and the Health Office. **Result and Conclusion** the magnitude of malnutrition in the Pekalongan Regency is still fairly evenly distributed with the Tirta 2 region and the siwalan which are still quite high (15 and 10 cases), networking and intervention efforts have involved cadres and cross sectors such as the Dinas Pertanian (to monitor food availability and utilization), Office of PMD, P3A & PPKB and Dinas Sosial. **Suggestion.** Monitoring the intervention of prevention programs for malnutrition should be carried out continuously by involving cross-sectors so that a decrease in the number of malnutrition can be quickly obtained.

**Keywords:** Program implementation, Malnutrition